

Holiday timetable

Thursday 29th July - Sunday 15th August 2010

Monday	7-9am Adults Only	9am-1.30pm Public Swim			1.30-3.15pm Adults Only	3.30-4.30pm Inflatables	4.30-8pm Public Swim	8-9pm Dolphins Swimming Club	9-10pm Zoom Triathlon Club	
Tuesday	7-9am Adults Only	9-10am Public Swim	10-11am Deep Water Aqua Fit	11-12noon Aqua Fit	11am-3.30pm Public Swim	3.30-4.30pm Inflatables	4.30-9pm Public Swim	Close at 9pm		
Wednesday	7-9am Adults Only	9-10am Staff Training	10-11am Deep Water Aqua Fit	11-2pm Public Swim		2-3.15pm Ladies Only	3.30-4.30pm Inflatables	4.30-8.30pm Public Swim	8.30-9.30pm Dolphins Swimming Club	Close at 9.30pm
Thursday	7-9am Adults Only	9-11am School Use		11am-3.30pm Public Swim		3.30-4.30pm Inflatables	4.30-8.30pm Public Swim	8.30-10pm Adults Only		
Friday	7-9am Adults Only	9-10am Public Swim	10-11am Deep Water Aqua Fit	11-12noon Aqua Fit	11-2.30pm Public Swim	2.30-3.45pm Fit 'n' Fifty	3.45-4.45pm Inflatables	4.45-8pm Public Swim	8-9pm B'mth Lifeguards	Close at 9pm
Saturday	6.45-8am Dolphins	8am-12noon Public Swim		12noon-1pm Inflatables Session	1pm-5pm Public Swim		5.15-6.30pm Disabled Swim Club	Close at 7pm		
Sunday		8am-12noon Public Swim		12noon-1pm Inflatables Session	1pm-3pm Public Swim	3-6pm Party Hire	6-8pm Public Swim	Close at 8pm		

Key: ■ Public Swim ■ Special Swim Sessions ■ Deep Water Aqua
■ Club Hire ■ Aqua Fit ■ Staff Training

Holiday timetable

Monday 16th August - Sunday 5th September 2010

Monday	7-9am Adults Only	9am-1.30pm Public Swim			1.30-3.15pm Adults Only	3.30-4.30pm Inflatables	4.30-8pm Public Swim	8-9pm Dolphins Swimming Club	9-10pm Zoom Triathlon Club	
Tuesday	7-9am Adults Only	9-10am Public Swim	10-11am Deep Water Aqua Fit	11-12noon Aqua Fit	11am-3.30pm Public Swim	3.30-4.30pm Inflatables	4.30-9pm Public Swim	Close at 9pm		
Wednesday	7-9am Adults Only	9-10am Staff Training	10-11am Deep Water Aqua Fit	11-2pm Public Swim		2-3.15pm Ladies Only	3.30-4.30pm Inflatables	4.30-8.30pm Public Swim	8.30-9.30pm Dolphins Swimming Club	Close at 9.30pm
Thursday	7-9am Adults Only	9am-3.30pm Public Swim			3.30-4.30pm Inflatables	4.30-8.30pm Public Swim	8.30-10pm Adults Only			
Friday	7-9am Adults Only	9-10am Public Swim	10-11am Deep Water Aqua Fit	11-12noon Aqua Fit	11-2.30pm Public Swim	2.30-3.45pm Fit 'n' Fifty	3.45-4.45pm Inflatables	4.45-8pm Public Swim	8-9pm B'mth Lifeguards	Close at 9pm
Saturday	6.45-8am Dolphins	8am-12noon Public Swim		12noon-1pm Inflatables Session	1pm-5pm Public Swim		5.15-6.30pm Disabled Swim Club	Close at 7pm		
Sunday		8am-12noon Public Swim		12noon-1pm Inflatables Session	1pm-3pm Public Swim	3-6pm Party Hire	6-8pm Public Swim	Close at 8pm		

Key: ■ Public Swim ■ Special Swim Sessions ■ Deep Water Aqua
■ Club Hire ■ Aqua Fit ■ Staff Training