

## Easter Class Timetable

### Thursday 1st April

7.15am - Spin - Kate  
9.15am - Body Pump - Steph  
9.15am - Legs, Bums & Tums - Sarah  
10.35am - Body Conditioning - Steph  
10.35am - BodyBalance - Sarah  
6.00pm - BodyBalance - Hannah  
6.10pm - Spin - Kerry  
6.15pm - BodyJam - Magda  
6.45pm - Spin - Kerry  
7.15pm - BodyPump - Chris  
8.15pm - Yoga - Rowan

### Friday 2nd April (Good Friday)

9.15am - BodyCombat - Chris  
9.45am - Spin - Magda  
10.20am - Spin - Magda

### Saturday 3rd April

9.00am - Spin - Jango  
9.10am - Salsa Aerobics - Caroline  
9.35am - Spin - Jango  
11.00am - Pilates - Jango  
11.00am - BodyPump - Zoe  
12noon - Just Abs - Zoe

### Sunday 4th April (Easter Sunday)

10.00am - Spin - Chris  
10.15am - Iyengar Yoga - Lyn  
10.35am - BodyPump - Chris

### Monday 5th April

9.15am - Legs, Bums & Tums - Kate  
10.35am - Nice n Easy - Kate  
11.30am - Hatha Yoga - Pippa



### Centre Opening Hours

Thursday 1st April - 6.30am to 10.00pm  
Friday 2nd April - 8.00am - 5.30pm  
Saturday 3rd April - 8.00am - 5.30pm  
Sunday 4th April - 8.00am - 5.30pm  
Monday 5th April - 8.00am - 5.30pm