

LITLEDOWN BAR

FOOD MENU

CHECK OUT OUR
**2 MEALS FOR
£6.75 OFFER**
AVAILABLE ALL DAY

LIGHT BITES & STUFF TO SHARE

- [V] SPICY POTATO WEDGES & DIP** £2.60
Choose from our selection of dips - Salsa, caesar, BBQ, sweet chilli or sour cream
- TOPPED MEGA WEDGES**
- [V]** Topped with melted cheese £3.30
[V] Topped with beans & cheese £3.95
Topped with melted cheese & grilled bacon pieces £4.50
Topped with chilli & cheese £4.50
- LOADED SKINS**
- Topped with bacon & cheese £3.95
Topped with chilli & cheese £3.95
- [V] NAKED NACHOS** £4.50
Mounds of tortilla chips topped with melted cheese, salsa, jalapeno peppers & sour cream.
- CHILLI NACHOS** £5.35
Mounds of tortilla chips topped with melted cheese, chilli con carne & sour cream
- [V] PITTA & DIP** £2.95
Toasted strips of pitta bread with a houmous dip
- SPICY CRAB CAKES** £3.95
Served with a chilli dipping sauce
- [V] VEGETABLE SPRING ROLLS** £3.95
Served with a soy sauce dip
- [V] MIXED MEDITERRANEAN OLIVES** £1.95
- [V] SAVOURY SNACK PLATTER** £5.75
Tortilla chips, spicy wedges, onion rings. Including houmous & salsa dips

LITTLEDOWN DELI

- WRAPS**
- Fresh lightly floured filled tortilla wrap served with a salad garnish & crisps
- Chicken caesar £3.95
Crispy chicken
Prawn salad
- [V]** Houmous salad
- PANINIS**
- Italian sandwich freshly grilled served with a salad garnish & crisps £3.75
Ham & cheese
- [V]** Mozzarella, basil & sundried tomato
BBQ chicken melt
Tuna melt
- ADD A PORTION OF FRIES £1.75**
- DELI SANDWICHES**
- 2 slices of thick wholegrain bloomer bread which a choice of filling. Served with salad garnish and crisps.
- Roast chicken salad £4.25
BBQ chicken & bacon
Tuna salad
Fish finger & tartar sauce
- ENCHILADA**
- Tortilla filled with chilli con carne or spicy vegetables covered with melted cheese.
Served with a salad garnish & crisps £4.25

LOADED JACKETS

- Served with a salad garnish and a choice of fillings: -
- [V]** Baked beans £3.75
Tuna mayonnaise £3.75
- [V]** Grated cheddar cheese £3.75
[V] Coleslaw £3.75
Homemade chilli con carne £4.25
Prawns in marie rose sauce £4.25

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SENSATIONAL SALADS

Chicken caesar salad	£4.95
Tuna mayonnaise & red onion	£4.95
Prawn salad	£4.95
[V] Tomato & mozzarella (with pesto dressing)	£4.95

MAINS

WHOLE TAIL SCAMPI (10 PIECES)	£5.35
Served with a choice of salad, jacket potato, new potatoes or chips	
TUNA & PASTA BAKE	£4.95
Served with a choice of salad, jacket potato, new potatoes or chips	
[V] MACARONI CHEESE	£4.95
Served with a choice of salad, jacket potato, new potatoes or chips	
BBQ CHICKEN MELT	£5.95
Chicken breast topped with crispy bacon, BBQ sauce & melted cheese Served with a choice of salad, jacket potato, new potatoes or chips	
LASAGNE	£5.35
Served with a choice of salad, jacket potato, new potatoes or chips	
BAKED HAM, EGGS & CHIPS	£4.95
SALMON STEAK	£5.50
Served with new potatoes & peas	
[V] ROASTED VEGETABLE NOODLES	£4.95
Egg noodles tossed in soy sauce with roasted vegetables	
ROASTED VEGETABLE NOODLES WITH ROASTED CHICKEN	£5.50
Egg noodles tossed in soy sauce with roasted vegetables and roasted chicken	

BUMPER BURGERS

100% 6oz beef burger served in a flour bap with chips and a salad garnish	
BURGER ROYALE	£5.50
With melted cheese, grilled bacon & thousand island dressing	
CHILLI CHEESE BURGER	£5.75
Topped with chilli con carne & melted cheese	
BBQ MELT	£5.25
Topped with cheese and BBQ sauce	
<i>UPSIZE TO A MAMMOTH 12OZ BEEF BURGER FOR AN EXTRA £1.25</i>	
CHICKENBURGER ROYALE	£5.75
Coated chicken breast fillet burger topped with melted cheese, grilled bacon & mayonnaise	
CAJUN CHICKENBURGER	£5.25
Chicken breast fillet burger topped with spicy cajun sauce	
[V] VEGETABLE BURGER	£4.95

SIDE ORDERS

Chips	£1.75
[V] Side salad	£1.95
[V] Selection fresh vegetables	£1.95
Fresh roll & butter	75p
CHOICE OF DIP: BBQ, caesar, salsa, sour cream, sweet chilli sauce.	40p

DESSERTS

BANOFFEE CHEESECAKE	£2.95
APPLE & BLACKBERRY CRUMBLE	£2.75
Served with ice cream or cream	
CHOCOLATE INDULGENCE CAKE WITH CHOC SAUCE	£2.75
Served with ice cream or cream	
ICE CREAM SUNDAE	£2.25

HOT STUFF Please see the Cafeology menu board



Great Coffee. Great Cause

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OLOGY.COM

WINE LIST

BOTTLE

GLASS
250ml

GLASS
175ml

WHITE

PINOT GRIGIO MONTECELLI DRY WHITE (Australia)

An ample lasting fruity bouquet with a dry, soft palate.

12.50

4.30

3.30



BEACH HOUSE SAUVIGNON BLANC SEMILLON (South Africa)

Aromas of lively gooseberry with soft creamy fruit.

11.50

4.20

2.95

PUZZLE RIDGE CHARDONNAY (Australia)

Mineral & vanilla with deep fruit & melon palate.

12.95

4.50

3.45

ROSÉ

WILLOWOOD ZINFANDEL ROSÉ (California)

Lively fruity rose wine with aromas of red summer fruits and an attractive crisp palate.

12.50

4.30

3.30

RED



WOODLANDS SHIRAZ (Australia)

Rich ruby red with deep plum and damson flavours.

11.50

4.20

2.95

LAS CONDES MERLOT (Chile)

Smooth, fruity wine with velvety dark fruit textures.

12.50

4.30

3.30

WINE OFFER



BUY 2 LARGE GLASSES OF EITHER



BEACH HOUSE SEMILLON OR WOODLANDS SHIRAZ

& GET THE REST OF THE BOTTLE

FREE