

Bournemouth Borough Council in conjunction with the Bournemouth School Sports Trust and Sport England has formed Dorset's first sporting 'Hub Club' at the Sir David English Sports Centre.

The Hub Club aims to work towards the government's national objective to have 50% of the UK population physically active by 2020. It is hoped that this can be achieved by providing a much needed link between local sports clubs and the community.

Participating in a sports clubs can improve your health & well being. There are a wide variety of pursuits to choose from.

Please see below more details of those located at the Sir David English Sports Centre.

Activity	Club	Contact Name	Contact	Day/Time	Age /Group
Badminton	Athertons Badminton	Peter Hall	07748 933825	Tuesday, 8.00-10.00pm	Adults
Badminton	Helen Troke Badminton	Helen Troke	07904 993208	Various sessions	Juniors
Badminton	Open Badminton Sessions	Sports Centre	01202 437800	Friday, 7.30-9.30pm	Adults
Basketball	Bournemouth Basketball	Eric Bosence	01202 744733	Various sessions	Adults
Cheerleading	Twist All Stars Academy	Katie Bennett	07775 926663	Saturday, 12.30-3.30pm	Juniors
Dance	Danze Workz	Sue Langley	07796 876898	Various sessions	Adults/ Juniors
Dance	Pure Dance	Laura Kelly	07940451659	Wednesday, 4.00-8.00pm	Adults/ Juniors
Football	BTFA	Marcus Browning	07976 975438	Monday, 5.00-6.00pm	Juniors
Football	Champion Soccer		0113 2361000	Tuesday, 7.00-10.00pm	Adults
Football	Womens League	Sports Centre	01202 437800	Wednesday, 8.00-10.00pm	16+ yrs
Football	Soccer Solutions	Bob Kitley	07970 938138	Monday & Thursday	
			01202 381662	7.00-10.00pm	Adults
Gymnastics	Rebound Gymnastics	Amanda Stock	01202 517663		
			07925104831	Various sessions	Juniors
Martial Art	Aikido	Tim Brussell	07765 567797	Sunday, 1.00-2.30pm	Adults
Martial Art	Freestyle Karate	Colin Rudkin	01202 893633		
			07966 303585	Tuesday, 5.00-6.00pm	Juniors
Martial Art	Nokemono Judokwai	Pete Anderson	07773 218529	Various sessions	Adults/ Juniors
Martial Art	Phoenix Karate	Lorraine Box	01202 640386		
			07796 952570	Various sessions	Adults/ Juniors
Martial Art	Shaolin Kung Fu	Andrew Soloman	01202 764354		
			01202 428825	Various sessions	Adults/ Juniors
Martial Art	kung Fu Kick Boxing	Humphrey Broomes	02380 555782	Thursday, 7.00-8.00pm	Juniors
Netball	Back to Netball	Jackie Berry	01202 422090	Monday, 7.00-9.00pm	Adults
Netball	Bournemouth Junior Netball	Jackie Berry	01202 422090	Monday	Juniors
Netball	East Dorset Netball	Jean Lockyear	01202 517628		Adults/ Juniors
Pilates	Pilates	Debbie Whittle	01202 301773	Monday, 8.00-9.00pm	Adults
Trampoline	Open Trampoline Sessions	Sports Centre	01202 437800	Friday,	
				6.00-6.50 & 6.55-7.45pm	14+ Years
Trampoline	Trampoline Courses	Sports Centre	01202 437800	Tuesday, 5.30-6.25	
				& 6.30-7.25pm	
				Friday, 5.00-5.55pm	Juniors
Volleyball	Parrs Volleyball	Roland Mogg	07775 942077	Various sessions	Adults
Volleyball	Sandbanks Volleyball	Alan Knowles	alun.knowles@yahoo.co.uk	Sunday, 7.00-9.00pm	Adults
Volleyball	Spike Monkeys	www.spikemonkeys.com		Various sessions	Adults

For more information concerning the Hub Club, please contact Sarah Park, Hub Club Coordinator (t) 01202 437809 (e)sarah.park@bournemouth.go.uk